Oklahoma State Department of Education (SDE) – 2500 North Lincoln Boulevard – Oklahoma City, Oklahoma 73105-4599 Student Transportation Section (405) 521-3335

Oklahoma School Bus Driver Health Certificate: Annual Physical Form

Guidelines for Physicians

The Oklahoma State Board of Education requires each school bus driver to pass a physical examination. Oklahoma regulation OAC 210:30-5-8 requires (1) an annual physical using this form; or (2) a physical every two years using a Department of Transportation (DOT) form that complies with 49 CFR §§ 391.41-49.

We are asking you to review the following requirements prior to completing your examination of the applicant and to be aware of the emotional and physical requirements of driving a school bus. School bus drivers have 4 primary duties:

- 1. Operate the vehicle in a safe and efficient manner.
- 2. Conduct pre-trip and post-trip inspections of the vehicle and its equipment to determine if it is in good working condition.
- 3. Assist students in emergency situations (evacuations).
- 4. Maintain discipline on the bus and report misconduct to the proper school officials.

Minimum requirements

- 1. Conditions that require approval from the Oklahoma Department of Public Safety:
 - a. Proven myocardial infarction and/or congestive heart failure, cardiac arrhythmia, or coronary insufficiency, or attacks of syncope. OAC 595:10-5-6
 - b. Epilepsy, multiple sclerosis, Parkinson's disease, cerebral palsy, and progressive neuromuscular disorders. OAC 595:10-5-9
 - c. Insulin-dependent diabetes and severe or uncontrolled hypoglycemia. OAC 595:10-5-5
 - d. Loss of limb or other musculoskeletal problem, such as polio or other muscular or skeletal disorder which may affect the person's ability to safely operate a motor vehicle. OAC 595:10-5-8

2. Vision

- a. Vision must be 20/40 or better in each eye. Corrective lenses are acceptable.
- b. 140 degree field of vision, bilaterally. OAC 210:30-5-8

3. Hearing

- a. Must be able to hear well enough to respond to student emergencies and concerns. The standard for driver hearing under 49 CFR § 391.41 is the "forced whisper" test, meaning that the driver "perceives a forced whispered voice in the better ear at not less than 5 feet with or without the use of a hearing aid."
- 4. No established medical history or clinical diagnosis of any of the following that may interfere with a school bus driver's ability to perform their 4 primary duties:
 - a. Respiratory dysfunction.
 - b. Rheumatic, arthritic, orthopedic, muscular or neuromuscular disease.
 - c. Any other condition which in the opinion of the examining physician could interfere with the ability to control and safely drive a school bus.
- 5. No current diagnosis of alcoholism or drug abuse.
- 6. Any physical defect or limitation likely to interfere with the ability of the person to control and safely operate a school bus. Especially in the case of the hand note whether or not sufficient grip and mobility is present to enable the driver to secure a grip on the wheel.
- 7. No mental, nervous, organic or emotional problem, which could render the driver irrational in dealing with children or interfere with the ability to control and safely operate a school bus.
- 8. No type of tuberculosis in a communicable stage.

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County Name			
Employing School District			
School Bus Driver Name (I	Print Name)		
Date of Birth			
List any conditions, treatme professional opinion:	ent, or medication plan w	hich the applicant must follow to	maintain the validity of my
Oklahoma Licensed Physic	ian (Print Name)		
Address			
City	Zip	Phone ()	
· ·	• • •	he medical examination on this d ent to drive a school bus and tran	
☐ Is			
☐ Is not			
Signature of Physican		Date:	
Medical Certificate Numbe	r		

Applicant: Submit this page with Physician's Signature to your school district. You may keep a copy of the health certification (pp.3-4) for your records.

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Drivers complete this section. Circle the appropriate response for each item.

1. Any Illness or injury or surgery in the last 5 years	1. Yes	No
2. Head/Brain injuries, disorders or illnesses	2. Yes	No
3. Seizures, epilepsy	3. Yes	No
Medication Type:	3. 105	110
4. Eye disorders or impaired vision (except for corrective Lenses)	4. Yes	No
5. Ear disorders, loss of hearing or balance	5. Yes	No
6. Heart disease or heart attack; other cardiovascular condition	6. Yes	No
Medication Type:		
7. Heart surgery (valve replacement/bypass, angioplasty, pacemaker)	7. Yes	No
8. High blood pressure	8. Yes	No
Medication Type:		
9. Muscular disease	9. Yes	No
10. Shortness of breath	10. Yes	No
11. Lung disease, emphysema, asthma, chronic bronchitis	11. Yes	No
12. Kidney disease, dialysis	12. Yes	No
13. Liver disease	13. Yes	No
14. Digestive problems	14. Yes	No
15. Diabetes or elevated blood sugar	15. Yes	No
Controlled by:		
Diet		
Pills		
Insulin (Type)		
16. Nervous or psychiatric disorders, e.g., severe depression	16. Yes	No
Medication Type:		
17. Loss of, or altered consciousness	17. Yes	No
18. Fainting or dizziness	18. Yes	No
19. Sleep disorders, pauses in breathing while asleep, daytime sleepiness,		
and loud snoring	19. Yes	No
20. Stroke or paralysis	20. Yes	No
21. Missing or impaired hand, arm, foot, leg, finger, toe	21. Yes	No
22. Spinal injury or disease	22. Yes	No
23. Regular, frequent alcohol use	23. Yes	No
24. Narcotic or habit forming drug use	24. Yes	No
For any yes answer, indicate onset date, diagnosis, treating physician's name a	nd address, and anv	current limitation
List all medications (including over-the-counter medications) used regularly or	-	
D ' C'	2.4	
Driver SignatureI	Date	

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Medical examiner must document discussion of health history with the driver. Include comments regarding any yes answers and potential hazards from medications.

1. General Appearance: Marked overweight, tremor, signs of alcoholism, problem drinking or drug abuse or any condition that may inhibit the applicant's ability to transport children safely.
Comments:
2. Vision (Snellen test): Left eye20/ Right eye 20/ Using both eyes 20/
a. Are corrective lenses required to drive? Yes / No
b. Does this applicant have sufficient color perception to recognize official traffic control devices?
Yes / No
c. Does the applicant have 140 degree field of vision, bilaterally? Yes //No
d. Are there any other eye conditions present that may decrease the applicant's ability to drive a school bus
safely? Yes / No
3. Hearing test results: Acceptable / Not Acceptable Hearing Aid(s) Required
Comments:
4. Is this applicant Diabetic? Yes / No Controlled by diet and/or oral medication only? Yes / No
Is this applicant dependent on insulin by injection? Yes \(\sigma / \text{No} \)
Comments:
See minimum requirements 1-c on page 1.
5. Deformities or missing limb? Yes \(\textstyle \)/No \(\textstyle \)
Specify:
See minimum requirements 1-d on page 1.
6. Paralysis or other limb impairments (past/present) Yes /No
Specify:
See minimum requirements 1-d on page 1.
7. Seizures (past/present) Yes /No
Specify:
If yes the applicant must meet the terms listed under OAC 595:10-5-9.
See minimum requirements, 1-d on page 1.
8. Heart disorder/disease (past/present) Yes /No
Specify:
See minimum requirements, 1-a on page 1.
9. Tuberculosis (past/present) or other disorders of the lungs or chest that may interfere with the applicants ability to
drive students safely. Yes / No
Specify:
10. Alcohol misuse that could interfere with the applicant's ability to transport children safely? Yes \(\scale / No \scale
Specify:
11. Drug Addiction or misuse that could interfere with the applicant's ability to transport children safely? Yes \(\subseteq \text{No} \) \(\subseteq \) Specify: \(\subseteq \subseteq \text{Could interfere with the applicant's ability to transport children safely? Yes \(\subseteq \text{/No} \) \(\subseteq \)
12. Normal Loco-motor: Yes / No Specify:
13. Arthritis: Yes / No Specify:
14. Blood Pressure:/ BP within normal limits? Yes/ No
Specify if BP is above 140/90 document rationale for approval of driver.
15. Are there any other conditions that may impair the applicant's ability to transport children safely? This may
include: 1. hernias; 2. limitation of motion, tenderness, or previous surgeries; 3. abnormal pulse; 4. Conditions of the abdomen or viscera. Yes \(\screen / \text{No} \)